

SALDAÑAS CHIROPRACTIC & WELLNESS CENTER

CONFIDENTIAL PATIENT INTRODUCTION

Date:

Fecha: _____

Patients Name _____ Phone No: _____
Nombre del paciente _____ Número de Teléfono _____

Home Address _____ City _____ Zip Code _____
Dirección de Casa _____ Ciudad _____ Código Postal _____

Age _____ Date of Birth _____ Soc. Sec. No _____
Edad _____ Fecha de nacimiento _____ Número de Seguro Social _____

Occupation _____ Drivers License No _____
Occupación _____ Número de Licencia de manejar _____

Employer's Name _____ Phone Number _____
Nombre de Trabajo _____ Número de Teléfono de Trabajo _____

Employer's Address _____ City _____ Zip Code _____
Dirección de Trabajo _____ Ciudad _____ Código Postal _____

Name of Wife or Husband _____ Phone No _____
Nombre de Espos(a) _____ Teléfono de Espos(a) _____

Wife or Husband Employer Name _____ Phone No. _____
Nombre de Espos(a) Trabajo _____ Teléfono de Trabajo _____

Patient's Nearest Relatives-(Not living with you)
Nombre de Pariente (que no viva con ud.) _____

Address _____ Phone Number _____
Dirección _____ Número de Teléfono _____

Have you had previous chiropractic care? _____ When? _____
A tenido tratamiento quiropráctico antes? _____ Cuándo? _____

Who referred you to this office?
Persona que lo refirió a nuestra oficina _____

ARE YOU COVERED BY INSURANCE? TIENE UD. ASEGURANZA?

<input type="checkbox"/> Blue Cross/Blue Shield	<input type="checkbox"/> PPO/HMO
<input type="checkbox"/> Group Health mil Accident Insurance	<input type="checkbox"/> Disability Insurance
<input type="checkbox"/> Union Health Benefit Plan	<input type="checkbox"/> Owner's Landlord & Tenants
<input type="checkbox"/> Accident & Health (individual)	<input type="checkbox"/> State Workers Compensation
<input type="checkbox"/> Medical & Surgical Service Plan	<input type="checkbox"/> Federal Workers Compensation
<input type="checkbox"/> Medicare/Medicaid	<input type="checkbox"/> Federal Employee Health Benefits
<input type="checkbox"/> Interscholastic Insurance	<input type="checkbox"/> Auto Accident Insurance
<input type="checkbox"/> Other (cash)	

PAYMENT IS EXPECTED AT THE TIME OF VISIT (unless specific arrangement are made with the doctor)
EL PAGO DEBE HACERSE EL DIA DE LA CONSULTA (al menos que arreglos especiales sean hechos con el doctor)

Name of person responsible for payment
Nombre de la persona responsable por el pago _____

PLEASE NOTE: This office will gladly prepare insurance forms and reports; however we cannot render service on the assumption our charges will be paid by the insurance company. All professional services are charged directly to the patient, therefore, basic responsibility is yours.

POR FAVOR NOTE: ESTA OFICINA PREPARARA LAS FORMAS DE SEGURO CON MUCHO GUSTO, SIN EMBARGO, NO PODEMOS ASUMIR QUE LOS COSTOS SERAN PAGADOS POR SU ASEGURANZA, POR LO TANTO LA RESPONSABILIDAD DE PAGO ES FUNDAMENTALMENTE SUYA

Signature _____ Date _____
Firma _____ Fecha _____

Patient Intake Form

¿Dé una descripción breve del problema que está experimentando actualmente: _____

¿Cuánto tiempo tiene con esta condición? _____ Está empeorando? Si No _____

Lo molesta (elijá la caja que aplique): Trabajo, Mientras duerme, Otro: _____

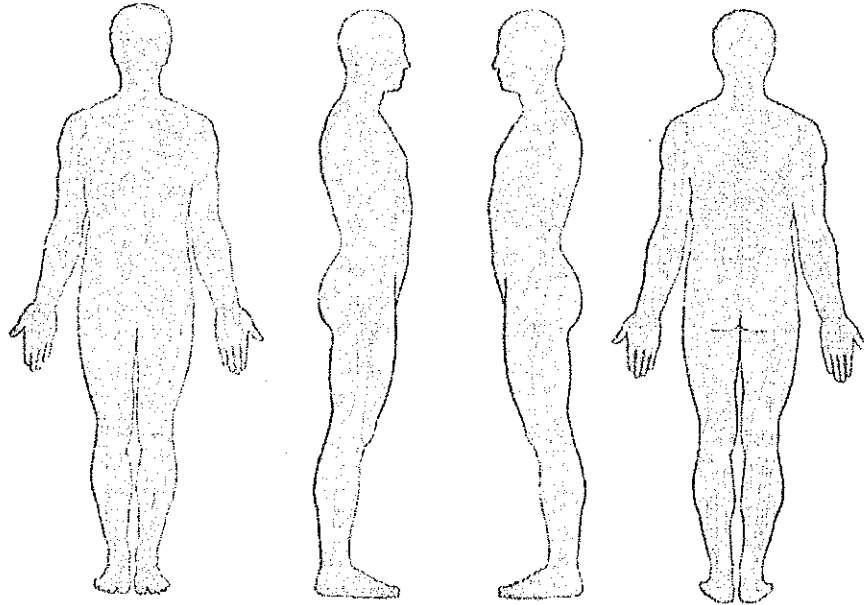
¿Qué pareció ser la causa inicial?: _____

Por favor indique el área(s) de dolor en las figuras

Coloque por favor una marca en el nivel de su dolor en la escala:

Peor
Dolor
Posible

Sin
Dolor



Alguna vez ha padecido de:

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Alergias | <input type="checkbox"/> Desmayos | <input type="checkbox"/> Estrenimiento | <input type="checkbox"/> Quistes en los Canos |
| <input type="checkbox"/> Dolor de cuello | <input type="checkbox"/> Dolor de Cintura | <input type="checkbox"/> Mareos | <input type="checkbox"/> Enfermedades venéreas |
| <input type="checkbox"/> Mala postura | <input type="checkbox"/> huesos fracturas | <input type="checkbox"/> Fatiga | <input type="checkbox"/> Esguinces/desgarres |
| <input type="checkbox"/> Nervio ciático | <input type="checkbox"/> Cáncer | <input type="checkbox"/> Hemorragia Nasal | <input type="checkbox"/> Hinchazón de tobillos |
| <input type="checkbox"/> Sinusitis | <input type="checkbox"/> Pérdida de peso | <input type="checkbox"/> Varices | <input type="checkbox"/> Mala circulación |
| <input type="checkbox"/> Derrame cerebral | <input type="checkbox"/> Sordera | <input type="checkbox"/> Asma | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Pérdida de balance | <input type="checkbox"/> Alcoholismo | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Mal orina | <input type="checkbox"/> Hemorroides | <input type="checkbox"/> Mala Digestión | <input type="checkbox"/> Nerviosismo/Depresión |
| <input type="checkbox"/> Respiración Dificil | <input type="checkbox"/> Artritis | <input type="checkbox"/> Tiroides | <input type="checkbox"/> Palpitación acelerada |
| <input type="checkbox"/> Mareos | <input type="checkbox"/> Alta presión | <input type="checkbox"/> Baja Presión | <input type="checkbox"/> Dolores de cabeza |
| <input type="checkbox"/> Dolor del Corazón | <input type="checkbox"/> Polio | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Entumecimiento |
| <input type="checkbox"/> Piedras en los riñones | <input type="checkbox"/> Orina muy seguido | <input type="checkbox"/> Colitis | <input type="checkbox"/> Flujo menstrual excesivo |

Hábitos nada poco mod. mucho

- | | | | | |
|-----------|--------------------------|--------------------------|--------------------------|--------------------------|
| Alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Café | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Tobaco | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Drogas | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Ejercicio | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sal | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Azúcar | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sueño | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Agua | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Refrescos | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Si algún familiar de sangre ha tenido cualquiera de las condiciones siguientes, por favor indica la condición y la relación.

- | | | |
|--|--|---|
| <input type="checkbox"/> Alcoholismo | <input type="checkbox"/> Cáncer | <input type="checkbox"/> Presión alta |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Colesterol alto |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Enfisema | <input type="checkbox"/> Esclerosis múltiple |
| <input type="checkbox"/> Artritis | <input type="checkbox"/> Epilepsia | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Asma | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Derrame cerebral |
| <input type="checkbox"/> Sangra fácilmente | <input type="checkbox"/> Enfermedad cardíaca | <input type="checkbox"/> Enfermedad de tiroides |

Usted tiene cualquier otro problema de salud o preocupaciones que nuestro personal debe saber? _____

Patient Intake Form (side 2)

Give a brief detailed description of the problem you are currently experiencing: _____

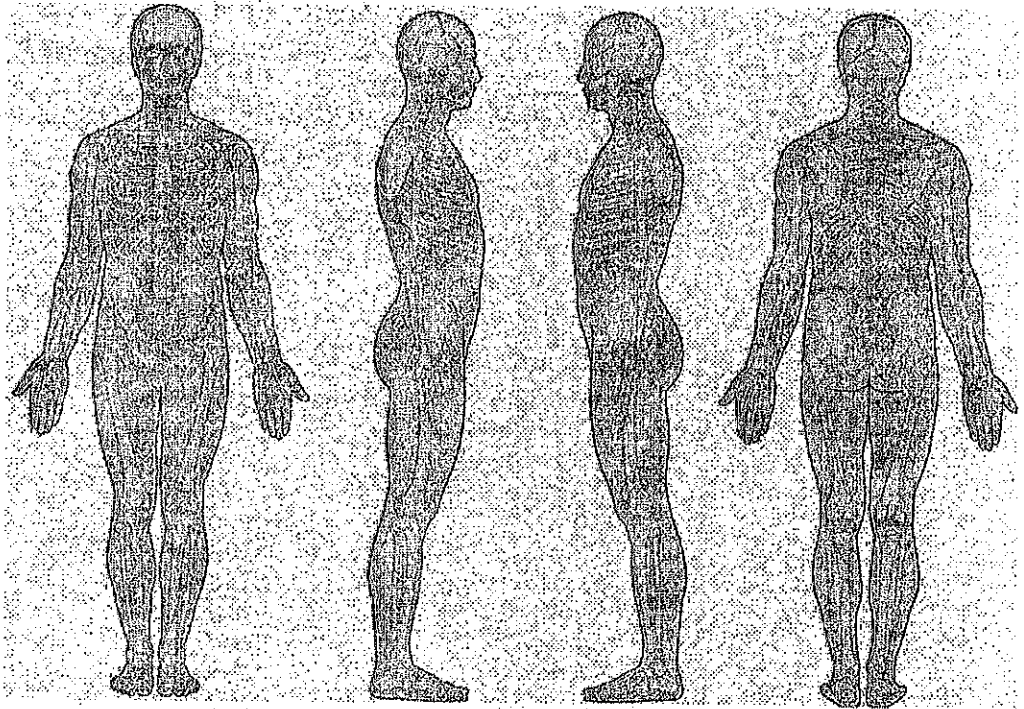
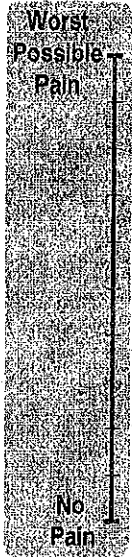
How long have you had this condition? _____ Is it getting worse? yes, no _____

Does it bother you (check appropriate box): work, sleep, other: _____

What seemed to be the initial cause: _____

Please mark you area(s) of pain on the figure below

Please place a mark at the level of your pain on the scale below:



Past health history

Have you... Yes No If yes, explain briefly

... been hospitalized in the last 5 year? _____

... had any mental disorders? _____

... had any broken bones? _____

... had any strains or sprains? _____

... ever used orthotics? _____

Do you take minerals, herbs or vitamins? _____

How is most of your day spent? standing, sitting, other: _____

How old is your mattress? _____

When was your last physical exam? _____

Habits	none	light	mod.	heavy
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soft drinks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Salty foods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sugar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Family history *If any blood relative has had any of the following conditions, please check and indicate which relative(s)*

- | | | |
|---|--|--|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Cancer | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Multiple sclerosis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Bleed easily | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Thyroid disease |

Do you have any other health issues or concerns that our staff should be made aware of? _____

Patient Intake Form

Patient information contained within this form is considered strictly confidential.

Your responses are important to help us better understand the health issues you face and ensure the delivery of the best possible treatment.

Name: _____ **Date:** _____
Insurance: _____ (dd/mm/yr)
Date of Birth: _____ male female
Address: _____

Marital status
 S M W D SEP
Phone #: home: _____ **work:** _____
E-mail address: _____
Occupation: _____ **Employer:** _____

Mark (c) for current problems, check E and indicate the age when you had any of the following:

General

- Allergies
- Depression
- Dizziness
- Fainting
- Fatigue
- Fever
- Headaches
- Loss of sleep
- Mental illness
- Nervousness
- Tremors
- Weight loss / gain

Muscle / Joint

- Arthritis / rheumatism
- Bursitis
- Foot trouble
- Muscle weakness
- Low back pain
- Neck pain
- Mid back pain
- Joint pain

Skin

- Boils
- Bruise easily
- Dryness
- Hives or allergies
- Itching
- Rash
- Varicose veins

Eye, Ear, Nose & Throat

- Colds
- Deafness
- Ear ache
- Eye pain
- Gum trouble
- Hoarseness
- Nasal obstruction
- Nose bleeds
- Ringing of the ears
- Sinus infection
- Sore throat
- Tonsillitis
- Vision problems

Gastrointestinal

- Abdominal pain
- Bloody or tarry stool
- Colitis / Crohn's
- Colon trouble
- Constipation
- Diarrhea
- Difficult digestion
- Diverticulosis
- Bloating abdomen
- Excessive hunger
- Gallbladder trouble
- Hernia
- Hemorrhoids
- Intestinal worms
- Jaundice
- Liver trouble
- Nausea
- Painful defecation
- Pain over stomach
- Poor appetite
- Vomiting
- Vomiting of blood

Genitourinary

- Bed-wetting
 - Bladder infection
 - Blood in urine
 - Kidney infection
 - Kidney stones
 - Prostate trouble
 - Pus in urine
 - Stress incontinence
- Urination**
- Overnight more than twice
 - More than 8x in 24hrs
 - Decreased flow/force
 - Painful urination
 - Urgency to urinate

Cardiovascular

- High blood pressure
- Low blood pressure
- Hardening of the arteries
- Irregular pulse
- Pain over heart
- Palpitation
- Poor circulation
- Rapid heart beat
- Slow heart beat
- Swelling of ankles

Respiratory

- Chest pain
- Chronic cough
- Difficulty breathing
- Hay fever
- Shortness of breath
- Spitting up phlegm / blood
- Wheezing

Women only

- Congested breasts
- Hot flashes
- Lumps in breast
- Menopause
- Vaginal discharge

Menstrual flow

- Reg. Irreg. Pain / cramps
- Days of flow: _____ Length of cycle: _____
- Date - 1st day last period: _____
- Are you pregnant? yes, no
- If yes, how many months? _____
- How many children do you have? _____
- Birth control method: _____
- Date of last PAP test: _____
- normal, abnormal
- Date of last mammogram: _____
- normal, abnormal

Check any of the conditions you have or have had:

- Alcoholism
- Anemia
- Appendicitis
- Arteriosclerosis
- Asthma
- Bronchitis
- Cancer
- Chicken pox
- Cold sores
- Diabetes
- Eczema
- Edema
- Emphysema
- Epilepsy
- Gout
- Gout
- Heart burn
- Heart disease
- Hepatitis
- Herpes
- High cholesterol
- HIV/AIDS
- Influenza
- Malaria
- Measles
- Miscarriage
- Multiple sclerosis
- Mumps
- Numbness/tingling
- Pace maker
- Osteoporosis
- Pneumonia
- Polio
- Rheumatic fever
- Stroke
- Thyroid disease
- Tuberculosis
- Ulcers

Please list any medication you are currently taking and why.

SALDANA'S CHIROPRACTIC & WELLNESS CENTER

THIS NOTICE DESCRIBES HOW CHIROPRACTIC AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSURE AND HOW YOU CAN GET ACCESS TO THIS INFORMATION, PLEASE REVIEW IT CAREFULLY.

In the course of your care as a patient at Saldaña's Chiropractic Center we may use or Disclose personal and health related information about you in the following ways:

- Your personal health information, including of your clinical records, may be disclosed to another health care provider or hospital if it is necessary to refer you for further diagnosis, assessment or treatment.
- Your health care records as well as your billing records may be disclosed to another party, such as insurance carrier, an HMO, a PPO, or your employer, if they are or may be responsible for the payment of your services.
- Your name, address, phone number, and your healthcare records may be used to contact you regarding appointment reminders, information about alternatives to your present care, or other health related information may be of interest to you.
- Your name in our office bulleting or other boards for purpose of announcing birthdays or acknowledging your referrals.
- The practice maintains a directory of and sign-in log for individuals seeking care and treatment in the office. Directory and sign-in log are located in a position where staff can readily see who is seeking care in the office, as well as individual's

location within the Practice's office suite. This information may be seen by, and is accessible to, others who are seeking care or services in the Practice's offices.

Under federal law, we are also permitted or required to use or disclose your health information without your consent or authorization in these following circumstances:

- If we providing health care services to you based on the orders of another health care provider.
- If we provide health care services to you in an emergency.
- If we require by law to provide care to you and we are unable to obtain your consent after attempting to do so.
- If there are substantial barriers to communicating with you, but in your professional judgment we believe that you intend for us to provide care.
- If we are ordered by the courts or another appropriate agency.

Any use or disclosure of your protected health information, other than as outlined above, will only be made upon your written authorization.

We normally provide information about your health to you in person at the time you receive chiropractic care from us. We may also mail information to you

SALDANA'S CHIROPRACTIC & WELLNESS CENTER

regarding your health care or about the status of your home or, if you would like the information is a different form please advise us in writing as to your preference.

You have the right to inspect and/or copy your health information for seven years from the date that the record was created or as long as the information remains in our files. In addition you have the right to request an amendment to your health information. Request to inspect, copy or amend your health related information should be provided to us in writing.

We are required by state and federal law to maintain the privacy of your patient file and the health information therein. We are also required to provide you with this notice of your privacy practices with respect to your health information.

We are further required by law to abide by the terms of this notice while it is in

effect. We reserve the right to alter or amend the terms of this privacy notice. If changes are made to our privacy notice we will notify you in writing as soon as possible following the changes. Any changes in our privacy notice will apply for all your health information in our files.

Information that we use or disclose based on this privacy notice may be subject to re-disclosure by the person to whom we provide the information and may no longer be protected by the federal privacy rules.

If you have a complaint regarding our privacy notice, our privacy practice or any aspect of our privacy activities you should direct your complaint to:

Luis A Saldaña D.C.

This notice is effective as of _____. This notice, and any alteration or amendment made hereto will expire seven years after the date upon which record was created. My signature acknowledges that I have received a copy of this notice.

Name (Printed please)

Signature

Date

If your are a minor, or you are being represented by another party

Personal Representative Printed

Personal Representative Signature

Date

Description of the authority to act on behalf of the patient

SALDAÑA'S CHIROPRACTIC & WELLNESS CENTER

CONDITIONS FOR CARE

YOUR UNDERSTANDING AND AUTHORIZATION IN NEEDED BEFORE CARE CAN BE PROVIDED: The is a consent to treat form authorizing Dr. Saldaña to examine and prescribed any appropriate treatment, with your understanding of possible risks which may be present with any medical procedures. A permission is also asked in case your insurance company, attorney, family doctor, or employer requests documentation of your treatment. A reminder that all services rendered by Dr. Saldaña will be ultimately your responsibility. And lastly, a declaration, that your injuries are of a legitimate nature and any illegal practices, will be subjected to all applicable penalties of perjury.

1) **CHIROPRACTIC AND MEDICAL CONSENT:** The undersigned patient consents to any necessary x-rays examination, laboratory, therapeutic procedure, chiropractic, nutritional/herbal, and medical treatment rendered to the patient under the general and special instructions of Dr. Saldaña or qualified staff or affiliated specialist. It is the patient's privilege to refuse any recommended chiropractic or medical procedure in which case the patient will release the chiropractor, staff, and clinic from any responsibility as to the possible outcome of the patient's condition.

I understand and am informed that, as in the practice of medicine, there are some risks to chiropractic treatment, including but not limited to, fractures, disc injuries, strokes, dislocations and sprains. I do not expect Dr. Saldaña to anticipate and explain all the risks and complications, and will trust Dr. Saldaña to exercise his optimal professional judgment during the course of my necessary care at which time, based upon the facts then known, is in my best interest.

Any concerns and questions of additional elaboration are of your responsibility and strongly encourage to be asked to the doctor before continuing care. The doctor will intermittently pause during such examinations and treatment to address any questions and concerns, which you may have. I also understand the nature and purpose of chiropractic adjustments and other procedures and understand that results are not the same for all procedures and services are therefore not guaranteed.

I have read, or had read to me, the above consent and by signing below I consent to treatment for my present condition and for any future condition(s) for which I seek treatment.

2) **RELEASE OF INFORMATION:** The office of Dr. Luis Saldaña may disclose all or any part of the patient's record to any person or corporation which is or may be liable under a contract to the clinic for all or part of Dr. Saldaña's charges. Including but not limited to, medical service companies, insurance companies, worker's compensation carrier, welfare funds or the patient's employer.

3) **FINANCIAL AGREEMENT:** The undersigned agrees, whether he/she as agent or as patient, that in consideration of service to be rendered to the patient, he/she hereby individually obligates himself/herself to pay the account of Dr. Saldaña in accordance with the regular rates and terms of Dr. Saldaña. Should the account be referred to an attorney for collections, the undersigned shall pay reasonable attorney's fees and collection expense. All delinquent accounts bare interest at the legal rate. There is also a twenty (\$20) fee charged per returned check, as well as any fees charged by the bank.

4) **DECLARATION UNDER PENALTY OF PERJURY:** The undersigned hereby declares under penalty or perjury that he/she sustained personal injury on the injury date indicated and that all information communicated to Dr. Saldaña or staff pertaining to said injury is true and subject to penalty of perjury.

THE UNDERSIGNED CERTIFIES THAT HE/SHE READ THE FOREGOING AND IS THE PATIENT, OR IS DULY AUTHORIZED BY PATIENT AS PATIENT'S GENERAL AGENT TO EXECUTE THE ABOVE AND ACCEPT ITS TERMS.

PRINT PATIENT'S NAME

PATIENT'S SIGNATURE

DATE

GUARDIAN'S NAME & SIGNATURE

DATE